

Twelve15 Soya Free Menu

Autumn Winter 2022/23



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week One	Margherita Pizza with Herby Potatoes V	Chicken Katsu Curry with Rice	Roast Gammon with Roast Potatoes & Gravy	Beef Bolognese with Wholemeal Pasta	Salmon & Sweet Potato Fishcake with Oven Chips
	Veggie Bean Taco with Herby Potatoes V	Cheese & Potato Pie V	Vegan Sausage with Roast Potatoes & Gravy V	Jacket Potato with Baked Beans V	Falafel Burger & Tomato Salsa with Oven Chips V
	Coleslaw	Broccoli Florets Baked Beans	Carrot Peas	Sweetcorn Green Beans	Peas Baked Beans
	Fruit Salad V	Chocolate Crunch with Custard V	Yoghurt Selection V	Apple Crumble with Custard V	Vanilla Ice Cream V
Week Two	Mac n' Cheese with Herby Potatoes V	Jerk Chicken with Rice	Roast Beef with Roast Potatoes & Gravy	Pork & Carrot Meatballs in Tomato Sauce with Wholemeal Pasta	Fish Fingers with Oven Chips
	Veggie Burrito with Herby Potatoes V	Mediterranean Pasta Bake with Garlic Bread V	Vegan Cumberland Sausage with Roast Potatoes & Gravy V	Sweet Potatoes & Jack Fruit Curry with Rice V	Vegetable Fingers with Oven Chips V
	Mixed Salad	Peas Sweetcorn	Broccoli Carrot	Peas Cauliflower	Baked Beans Peas
	Oaty Apple Muffin with Fresh Apple Slices V	Chocolate Brownie V	Fruit Salad V	Yoghurt Selection V	Chocolate & Orange Shortbread V
Week Three	Shepherdless Pie with Freshly Baked Bread V	Pork Steak with Mashed Potatoes & Gravy	Roast Chicken with Sage & Onion Stuffing, Roast Potatoes & Gravy	Beef Fajita Pasta	Breaded Pollock Fillet with Oven Chips
	Cheese & Broccoli Quiche with Freshly Baked Bread V	Mediterranean Pasta Bake V	Quorn Fillet with Sage & Onion Stuffing, Roast Potatoes & Gravy V	Quorn Frankfurter in Moroccan Sauce with Wholemeal Pasta V	Vegan Nuggets with Oven Chips V
	Peas Carrot	Green Beans Sweetcorn	Winter Greens	Broccoli Carrot	Peas Baked Beans
	Lemon Drizzle Cake V	Jaffa Cake Pots V	Yoghurt Selection V	Fruit Salad V	Chocolate & Pear Sponge V